

## All Welcome!

All runners/walkers, all distances, all paces, all ages are welcome!

## Saturday Morning Breakfast Run

Runners gather at Loantaka Brook Reservation on Saturdays (Kitchell Rd parking lot) at 8:30 AM April-October and at 9:00 AM November-March. (Put 116 Kitchell Rd, Morristown NJ in your mapping software.)

People generally run three to eight miles at various paces; walkers are welcome. Everyone brings a little something to share for breakfast after the run. You don't have to be a member to join us on Saturday, so come check us out!

## Club Parties and Social Events

We have several parties and events throughout the year. Previous years these included New Year's Day Party, St. Patrick's Day Party, Summer Pool Party, the famous Christmas Eve Glug Run/Brunch and Jingle Bell Run/Party. We also host and attend joint runs with other clubs and look for ways to give back to the running community.



## Training

Looking for a longer run? Meet up with one of our half-marathoners or marathoners for a longer run together.

## Rose City Runners USATF Racing Team

Looking for a group to race with?  
Anyone can join the RC2 Team.

We are committed to fostering a team that challenges, encourages, and inspires runners of all ages, backgrounds, and skills.



# Rose City Runners Club

Established in 1979  
Based in Madison, NJ

## Membership

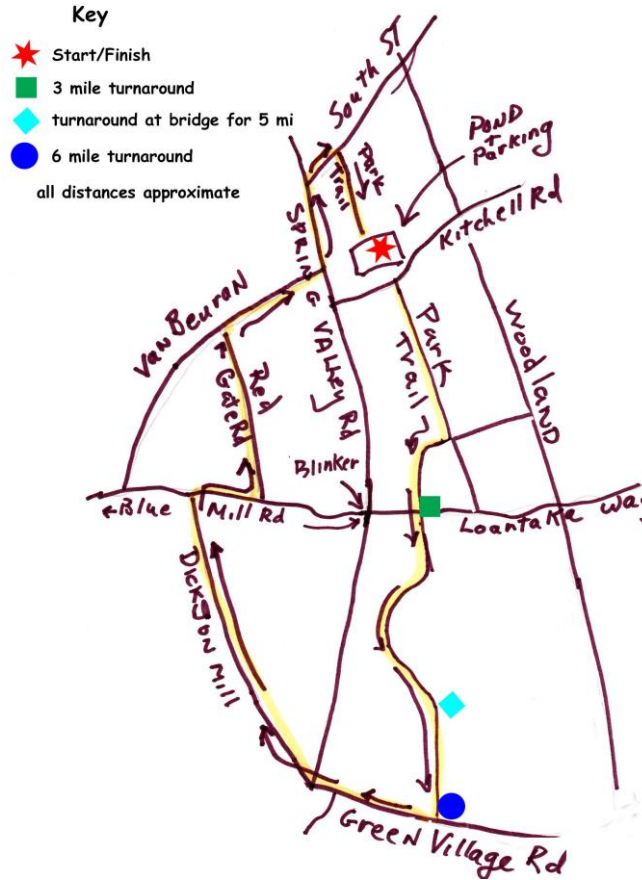
### How To Join

The membership fee is \$15 for a single membership and \$20 for a family membership.

Go to [RoseCityRunners.com](http://RoseCityRunners.com) and click 'Join' to register or scan the QR Code below with your camera.

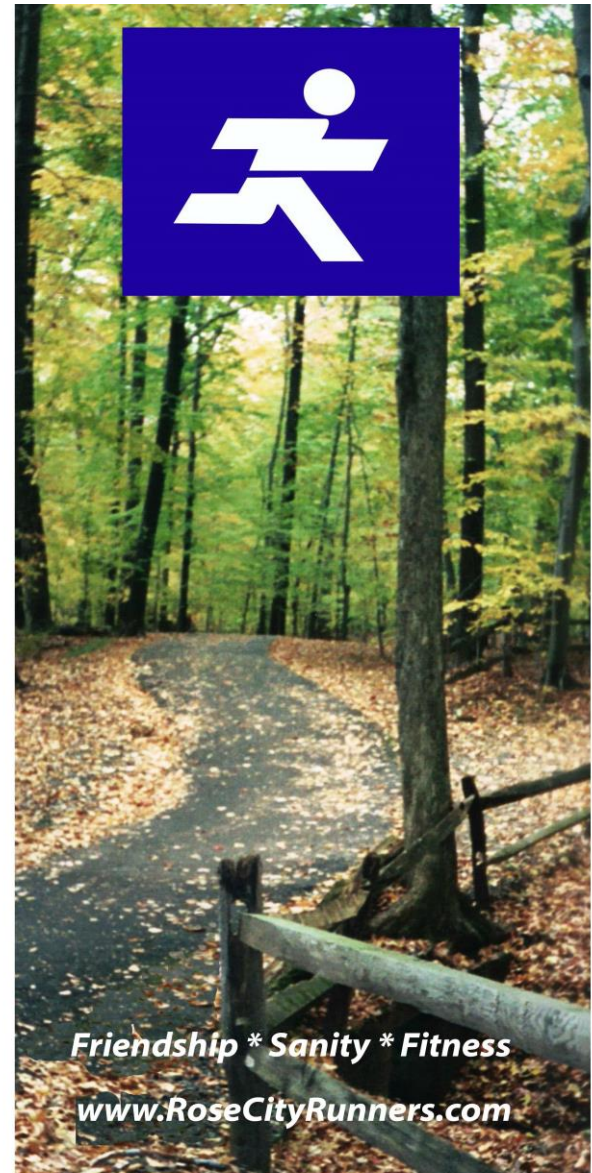


### Our 8 Mile Course Loantaka Park with shorter options



For more information visit our website

[www.rosecityrunners.com](http://www.rosecityrunners.com)



Friendship \* Sanity \* Fitness

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